

S4-TACKLE AGE/WEIGHT SCHEMATIC

Division Name	Ages	Certification Weight	End of Season Max
TINY-MITE	5-6-7	35-75 lbs.	84 lbs.
MITEY-MITE	7-8-9	45-90 lbs.	99 lbs.**
JUNIOR PEEWEE (older/lighter)	8-9-10 11*	60-105 lbs. 60-85 lbs.	114 lbs.** 94 lbs.**
PEEWEE (older/lighter)	9-10-11 12*	75-120 lbs. 75-100 lbs.	129 lbs.** 109 lbs.**
JUNIOR MIDGET (older/lighter)	10-11-12 13*	85-135 lbs. 85-115 lbs.	144 lbs.** 124 lbs.**
MIDGET (older/lighter)	11-12-13-14 15*	105-160 lbs. 105-140 lbs.	169 lbs.** 149 lbs.**
UNLIMITED	11-12-13-14	105 lbs	Unlimited
JUNIOR BANTAM (older/lighter)	12-13-14 15*	120-170 lbs. 120-150 lbs.	179 lbs.** 159 lbs.**
BANTAM (older/lighter)	13-14-15 16*	135-185 lbs. 135-165 lbs.	194 lbs.** 174 lbs.**

The asterisked () provisions in each division allow the so-called “older but lighter” player to also qualify. The last year of eligibility falls under more stringent weight restrictions, per above.

A LEAGUE SHALL NOT ADD THE “IN-SEASON” GROWTH ALLOWANCE AS A MEANS OF UPPING MAXIMUM WEIGHTS OR INCREASING CERTIFICATION WEIGHTS.

RULE 2: INITIAL WEIGH-IN; FIRST PRACTICE

Until the first practice session, no convenient means will exist for the team to conduct this weigh-in. Its purpose is to serve as one final check of qualification and to screen out for special attention each player whose weight will bear watching by the team staff, the players, and parents throughout the practice period, because it is slightly below the minimum or slightly above the maximum weight for that particular division. Those failing the initial weigh-in will not continue as eligible candidates for the team (See Rule 6). The initial weigh-in is not the certified weigh-in and may be conducted on less than a medical quality scale.

RULE 3: IN-SEASON DETERMINATION OF WEIGHT

Each team will have its players checked *on Game Day* PRIOR TO EACH GAME during the season to assure that the weight standards are being maintained.

S1-IDEAL METHOD

The ideal method of in-season weight checks can only be used when all playing facilities used throughout the program include dressing facilities. If so, pre-game weigh-ins, in shorts, will be conducted before every game and will be scheduled so that they are completed not later than fifteen minutes before kickoff. A medical scale will be used. If not available, a lesser scale may be used if its accuracy can be checked against a weight of know